## Health- Our communities deserve to be healthy, safe and strong.

Agency Name	Program Name	Basic Program Information > Program Description
Almost Home	Utilization of Almost Home in Jail Diversion & Dual-Diagnosed Brain Health and Recovery Populations	Many people who are addicted to alcohol and drugs never become homeless, but people who are poor and addicted are clearly at risk for incarceration and homelessness; some are fighting brain health issues as well, ALL need a safe, non-judgmental, and structured environment with someone to facilitate their journey to recovery; Almost Home @ St. John's provides that environment and that linkage to services.
Boys and Girls Club of Greater Dubuque	Meal/Education Program	The Boys & Girls Club of Greater Dubuque addresses local food insecurity by serving over 30,000 nutritious meals and snacks based on USDA guidelines to area low income youth annually.
Catholic Charities of the Archdiocese of Dubuque	Brain Health Counseling	Catholic Charities provides access to affordable and professional Brain Health Counseling services for individuals, couples, children and families who are having difficulty coping with daily struggles and are available to anyone in need, regardless of faith, background, or inability to pay.
Crescent Community Health Center	Dubuque Pacific Islander Health Project	The Dubuque Pacific Islander Health Project, a program of Crescent Community Health Center, connects Marshall Islanders, Pohnpeians, and other Pacific Islanders living in the Dubuque area with vitally needed health services by establishing trust, overcoming cultural and language barriers, and easing financial and healthcare access obstacles.
Dubuque Community YMCA/YWCA	Dubuque Community YMCA/YWCA Victim Services Shelter	The Dubuque Community YMCA/YWCA's Victim Services Shelter empowers and advocates for all victims of domestic violence, sexual assault, and sex trafficking who need safety at our shelter and, also, we seek to create an educated community that supports and participates in securing a person's right to a life free from violence.
Friends of Iowa CASA & FCRB	CASA Program Expansion and FCRB Facilitation	The programs and activities of the Court Appointed Special Advocate (CASA) and Foster Care Review Board (FCRB) programs engage community volunteers, as officers of the court, to monitor, report on and advocate for the best interests of thousands of children in Iowa who are currently under the juvenile court's jurisdiction due to abuse and neglect.
Mindful Minutes For Schools	Yoga in the Schools - Middle School Project	Mindful Minutes for Schools, in partnership with Challenge to Change Kids Yoga and the Dubuque Community School District are committed to providing opportunities to foster physical and emotional health for middle school students through the practices of yoga and mindfulness.
Regional Transit Authority	Rides for Wellness	Rides for Wellness is a voucher system and fund to draw from to provide transportation for individuals and families who cannot afford the normal fare for rides to their wellness activities.
Riverview Center	Therapy Services	Through the generosity of the United Way of the Dubuque Area Tri-States, Riverview Center now has a sexual assault therapist providing free therapy services for Allamakee, Clayton and Fayette Counties, using research-based modalities studied specifically for their effectiveness for sexual abuse survivors to address the root causes of a multitude of negative outcomes from this traumatic crime, including help with negative coping behaviors to support their long-term health, wellness, & safety.
Substance Abuse Services Center	High-Risk Youth Program	Identifies and provides services to the high-risk youth population who are using, or at risk of using alcohol and other drugs; and/or impacted by their parent's, sibling's and/or friend's substance use.

Education- A good education is the foundation for a successful life.				
Agency Name	Program Name	Basic Program Information > Program Description		
Dubuque Area Labor-Management Council	Tech WORKS Program	The Tech WORKS program is a high school program for students interested in building a foundation in a career in advanced manufacturing, construction, diesel mechanics or engineering.		
Dubuque Dream Center	Dubuque Dream Center School Connector/Mentor	Dubuque Dream Center "In Your Life Mentoring" connecting caring adults to impact academic outcomes and character development of at-risk and underserved youth.		
Dubuque Humane Society	Humane Education	The Dubuque Regional Humane Society has partnered with Two-by-Two Character Development to create an engaging curriculum (multiple character building games, crafts, financial literacy, and animal socialization) for our Humane Education program that is brimming with positive circumstances to build capable, successful learners filled with knowledge, self-determination, cooperation strategies, and most of all empathy.		
Foundation for Dubuque Public Schools	Personal Empowerment	The Dubuque Community School District will begin training teachers and all those who work with children in the area of Personal Empowerment, a social emotional learning program; these skills will focus on improved self-awareness, self-management, social awareness, relationship skills and responsible decision making to help create and support healthy learning communities.		
Girl Scouts of Eastern Iowa and Western Illinois	Leadership and Character Building for Dubuque Area Girl Scouts	Girl Scouts is an enriching all-girl, girl-led program that aids in academic achievement and social-emotional development by engaging girls in challenging and experiential activities, projects, and events all focused on building leadership and character.		
Helping Services for Youth & Families	Youth Mentoring	Youth Mentoring at Helping Services connects a youth living in Delaware County with a responsible adult to form a healthy friendship, helping youth aspire to achieve their fullest potential.		
Hillcrest Family Services	Mentor Dubuque	Mentor Dubuque creates and supports one to one mentoring relationships between youth facing challenges and caring adults to positively impact lives.		
St. Mark Youth Enrichment	Social Emotional Programming	United Way partners with St. Mark to address the growing social-emotional needs and broadens access for vulnerable students to obtain skills for academic achievement, setting them up for a lifetime of success.		
Steeple Square	Marita Theisen Childcare Center programming	The Marita Theisen Childcare Center at Steeple Square provides critical early care, mentoring, and age-based curriculum programming for low-income children ages 0-5 to better prepare them for school and life success.		
The Workshop	Comprehensive Vocational/Educational Training Program	The Workshop in Galena, Illinois provides adults with disabilities with paid work, social opportunities, enhancement of daily living skills, adaptive behavior, and capacity for independent living.		
Two By Two Character Development	Kindhearted Kids Programming	Two by Two's Kindhearted Kids Programs are unique, research-based character and humane education programs designed to instill lifelong social emotional skills and values into second grade and fourth students by incorporating animals into the curriculum, teaching them Kindness, Respect, Responsibility, Empathy, Cooperation, Perseverance, and Citizenship through the course of the 5-lesson programs.		

Income/Financial Stability- Every citizen deserves to feel financial stability.				
Agency Name	Program Name	Basic Program Information > Program Description		
American Red Cross	Disaster Services	The American Red Cross focuses on providing safe shelter, food, emotional support, emergency relief supplies, recovery assistance and basic mental health services in the community during times of disaster.		
Cedar Valley Friends of the Family	Housing Stability	Friends of the Family provides safe shelter and rapid rehousing services to victims of violent crime, including victims of domestic violence, sexual assault, human trafficking and other violent crime.		
Community Solutions of Eastern Iowa	Housing and Homeless Solutions for Eastern Iowa	Community Solutions of Eastern Iowa is committed to supporting those who are homeless in our communities by focusing first on housing and then by developing a client centered support system that will ensure stable housing long term.		
Dubuque Area Labor Harvest	Food Giveaways & Hot Breakfasts	Through volunteer efforts DALH provides food security to the elderly, disabled, unemployed, and underemployed citizens of the Dubuque Area.		
Dubuque Visiting Nurse Association	Representative Payee Program	The VNA's Representative Payee program provides individuals enrolled in Social Security Disability with a payee coordinator to oversee financial control of their funds to ensure individuals have access to basic necessities, and provide enhanced community support to improve their quality of life.		
Fountain of Youth Program	Partners In Change	The Fountain of Youth is strives to change the Mindsets that contribute to generational poverty and through the Partners In Change Program, participants will develop success plans related to education, financial literacy, knowledge of self and others, health and wellness, citizenship, basic life skills or career success.		
Hawkeye Area Community Action Program Inc.	HACAP Regional Housing	HACAP's Regional Housing program addresses the need for homeless households in the community to obtain and maintain permanent housing by collaborating with community social service providers, local landlords, and other local partners.		
Iowa Legal Aid	Financial Stability Program	We help promote financial independence and stable families by ensuring low-income people have stable income, safe and sustainable housing, and the ability to gain complete autonomy from an abusive domestic partner.		
Opening Doors	Teresa Shelter	Opening Doors offers hospitality and opportunity to women, alone or with children, who need emergency/transitional or permanent supportive housing and related support services.		
The Salvation Army	Emergency Food Pantry	The Salvation Army Emergency Food Pantry addresses food insecurity by providing nutritious and filling meals to families and individuals.		

## **United Way Initiatives**

Initiative Name	Basic Program Information > Program Description
2-1-1 Information & Referral	Those who call 2-1-1 work with trained and certified Information and Referral Specialists who assist individuals and families in finding possible resources to meet their needs. Information about where people call from (i.e. zipcode), what they call about, and gaps in services are then shared to assist with community planning.
	The program, developed through research on similar programs in other areas of the state and in dicsussion and collaboration with multiple organizations, targets low-income youth ages birth to five years of age. A key focus of the program is to provide direct distribution of books to these children through strategic partnerships.