GETTING HELP IN DUBUQUE COUNTY

Even if an address is listed below, always call these agencies before going to their locations. Due to the COVID-19 pandemic many of them have limited hours or only meet clients at scheduled times.

CALL 211

From any phone, dial 211 or download the “211 Iowa” app (Google Play or Apple Store) for instant connection with local resources. You can also text your zip code to 898211 to chat live with a 211 Operator 24-hours a day, seven days a week.

RENT & UTILITY BILL ASSISTANCE

City of Dubuque Short Term Assistance: 563-564-7489
ECIA Financial Assistance hotline: 833-587-8322
Iowa Legal Aid - foreclosure or eviction risk: 800-532-1275
Operation New View: 563-556-5130
Resources Unite: 563-231-6280
St. Vincent de Paul: 563-584-2226
Salvation Army: 563-556-1573
State of Iowa Rent & Mortgage Assistance: 855-300-5885

MENTAL HEALTH & SUBSTANCE ABUSE COUNSELING

Hillcrest Family Services - Mobile Crisis Line: 855-800-1239
Catholic Charities: 800-772-2758
COVID Recovery Counseling: 844-775-WARM
National Alliance on Mental Illness: 800-950-6264
Substance Abuse Services Center - Dubuque: 563-582-3784
Substance Abuse & Mental Health Services: 800-662-4357 (English & Español)
Suicide Prevention Lifeline: 800-273-8255

DOMESTIC VIOLENCE & CHILD ABUSE

Iowa Child Abuse Hotline: 800-362-2178
Iowa Domestic Violence Hotline: 800-799-SAFE (7233)
Parent Helpline: 855-427-2736
Waypoint: 319-365-1458 (advocacy)
Friends of the Family: 563-590-0537 (housing)
YMCA Women's Victim Services Shelter: 563-556-1100

SEXUAL ASSAULT

Riverview Center: 563-557-0310
FOOD ASSISTANCE

Food pantries (boxes of groceries & supplies)
- Dubuque Area Labor Harvest: 423 W. Locust, 563-582-5947
- Dubuque Food Pantry: 1598 Jackson St, 563-583-4440
- Dubuque Veteran’s Affairs Food Pantry: 563-589-7840
- Dyersville Food Pantry: 563-542-1204
- ECIA Food Assistance hotline: 833-587-8322
- Resources Unite: 1900 JFK Rd., 563-231-6280
- St. Vincent de Paul: 1351 Iowa St., 563-584-2226
- Salvation Army: 1099 Iowa St., 563-556-1573

Meal sites (prepared meals to-go)
Meal times may change during the pandemic. Call ahead to confirm:

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<th>SUN</th>
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<tbody>
<tr>
<td>BREAKFAST</td>
<td>7:30am: Dubuque Rescue Mission</td>
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<td>DINNER</td>
<td>4 - 6pm: Urban Bicycle Food Mission (see specific times below)</td>
<td>5:00pm Rescue Mission</td>
<td>5:00pm Rescue Mission</td>
<td>4:30pm: St. Patrick's Church</td>
<td>4:30pm First Congregational United Church of Christ</td>
<td>5:00pm Rescue Mission</td>
<td>5:00pm: St. Luke's United Methodist Church</td>
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<td></td>
<td>6:00pm Hope House</td>
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CONTACT INFO & ADDRESSES:
- Dubuque Rescue Mission: 398 Main St., 563-583-1394
- Dubuque Area Labor Harvest: 423 W. Locust, 563-582-5947
- First Congregational United Church of Christ: 255 W. 10th St., 563-582-3648
- Hope House Catholic Worker House: 1592 Locust St., 563-582-9079
- St. Luke’s United Methodist Church, 1199 Main St., 563-582-4543
- St. Patrick’s Church: 1425 Iowa St., 563-583-9749
- Urban Bicycle Food Mission: **4:00pm** Dubuque Area Labor Harvest (423 W Locust); **4:30pm** Library (11th & Locust); **5:10pm** Old Conoco Food Mart Lot (5th & Locust); **5:45pm** Cricket Wireless Parking Lot (20th & Elm)
Meals for children (Monday - Friday)

Allison Henderson Park: 1500 Loras Blvd, 10:00 - 10:30am; 3:00 - 3:30pm
Audubon School: 605 Lincoln Ave., 4:45 - 5:30pm
Bee Branch Amphitheater: 10:15 - 10:45am; 12:45 - 1:15pm
Boys & Girls Club: 563-585-0599, 1299 Locust St, 4:15 - 5:30pm
Burden Park: 2701 Burden St, 9:45 - 10:15am; 12:15 - 12:45pm
Comiskey Park: 255 E 24th St, 3:30 - 4:15pm
Dubuque Food Pantry: 1598 Jackson St, Fridays Jul 10 - Aug 7 at 12:30pm (meals for the weekend)
Flora Park: 2605 Pennsylvania Ave, 10:30 - 11:00am; 3:15 - 3:45pm
Hoover School: 3259 St Anne Dr, 5:15 - 6:00pm
Jackson Park: 15th & Main, 10:00am - 10:30am; 12:30pm - 1:00pm
Lincoln School: 555 Nevada Ave, 4:45 - 5:30 pm
Marshall School: 1450 Rhomberg Ave, 3:30 - 4:15 pm
Murphy Park: 1700 South Grandview Ave., 9:45 - 10:15am; 11:45am - 12:15pm
Prescott School: 1151 White St, 11 am - 1 pm
Resources Unite: 1900 JFK Rd., 11:00am - 12:30pm
Roosevelt Middle School: 2001 Radford Rd, 11:00am - 1:00pm
Super 20 Mobile Home Park: 14501 N. Cascade Rd, 12:30 - 12:50pm
Table Mound Mobile Home Park (Casey’s side of highway): 1221 Maquoketa Dr, 11:40am - 12:00pm
Table Mound Mobile Home Park (DOT side of highway): 700 Noonan St, 11:00 - 11:20am
Terrace Heights: 4001 Peru Rd, 4:15 - 4:45pm

*The Dubuque Community School District website is updated regularly with new information about food sites and meal availability: [https://www.dbqschools.org/coronavirus-information/food-resources/](https://www.dbqschools.org/coronavirus-information/food-resources/)*

Seniors

Meals on Wheels: 800-779-8707

**BABY SUPPLIES (FOOD, FORMULA, DIAPERS)**

Clarity Clinic: 563-556-5250
Resources Unite: 563-231-6280

**PERSONAL HYGIENE PRODUCTS**

Dubuque Rescue Mission: 563-583-1394
First Congregational United Church of Christ: 563-582-3648
Resources Unite: 563-231-6280
FEMININE HYGIENE PRODUCTS
Dubuque Food Pantry: 563-583-4440
Dubuque Rescue Mission: 563-583-1394
First Congregational United Church of Christ: 563-582-3648
Red Basket Project: 563-542-5933
Resources Unite: 563-231-6280
Riverview Center: 563-557-0310
Crescent Community Health Center: 563-690-2850

TRANSPORTATION
DuRide (senior citizens; urgent medical & supply pick-up only): 563-451-4999
The Jule (Dubuque city bus - rides are currently FREE): 563-589-4196
Regional Transit Authority (outside the city of Dubuque): 563-588-4592
Resources Unite: 563-231-6280

SENIOR CITIZENS
Northeast Iowa Area Agency on Aging: 563-588-3970

VETERANS
Dubuque County Veterans Affairs: 563-589-7840
Veterans Freedom Center: 563-845-0034

EN ESPAÑOL
Línea directa multilingüe: 877-558-2609, oprima 1
Línea Ayuda - Iowa: 515-344-3936
Catholic Charities - servicios jurídicos de inmigración: 800-772-2758
St. Vincent de Paul: 563-584-2226

MARSHALLESE
For assistance in Marshallese: 563-231-1050